Stick of Rock Socks



These gorgeous stripey socks are designed to introduce simple colour stripes with contrasting cuffs, heel and toes. The perfect opportunity to play with colour combos and use up your sok stash!



MATERIALS

John Arbon Textiles – Sock 4ply
Colour A Red x1 50g skein
Colour B White x 1 50g skein
Colour C Blue x 1 50g skein
2.5mm Circular Knitting Needle 100cm
2 Stitch Markers (optional)
Tapestry needle

TENSION (GAUGE)

32 sts and 42 rows to 10cm (4ins) over Stocking Stitch on 2.5mm needles or the size required to give correct tension.

Check your tension - if fewer stitches use a smaller needle, if more use a larger needle. IT IS ESSENTIAL TO WORK TO THE STATED TENSION TO ENSURE SUCCESS. The yarn amounts are based on average requirements when specified tension and yarn is used.

Sizes S (M:L)

To fit shoe size UK 4-6 [6-8:9-11]
Foot circumference 19 (20:21) cms 7½ [8:8½] in.
Leg Length 16 cm or 6½ in

ABBREVIATIONS

beg beginning; cont continue; cm(s) centimetre(s); DPN double pointed needles; foll following; g grams; k knit; k2tog knit two together; in inch(es); inc increase; mm millimetres; p purl; rem remaining; rep repeat; RS right side; rnd(s) round(s); s1 slip one stitch; s1p slip one stitch purlwise; st(s) stitch(es); sm slip marker; psso pass slipped stitch over; pm place marker; () work instructions within round brackets for your chosen size.

Note

If you are using a small circular needle you will need DPNs or magic loop method for working the heel flap and when decreasing the toes.

PATTERN NOTES

Magic loop when working in magic loop method split the stitches so you have half the st on either side with both sets of stis on the tips.

You simply pull the back needle until you have enough length to knit the sts on the front needle. work across the sts on the front needle. Slide the other set of sts along to the needle just used. Repeat across the other side. You might find it handy to mark the front of your sock with a marker or scrap of yarn.

Changing colour to avoid the colour jog. Knit all the sts on the first rnd of a new colour, then slip the first st of the second rnd purlwise. This neatens up the seam.



Socks (both alike)

Starting with colour A (red) and using 2.5mm circular needle, cast on 60 [64:68] sts work in rnds place a marker at beg of rnd.

Rnd 1: *K2, P2, rep from * to end of rnd.

Rep last rnd 15 times more.

Now work in st-st (every rnd knit) working stripes as follows:

Using B (white) knit 4 rnds

Using C (Blue) knit 2 rnds Using A (red) knit 2 rnds Using C (Blue) knit 2 rnds

Using B (white) knit 4 rnds
Using C (Blue) knit 4 rnds
Using B (white) knit 4 rnds

Using A (red) knit 3 rnds
Using C (Blue) knit 3 rnds
Using A (Red) knit 3 rnds

Using C (Blue) knit 2 rnds
Using A (red) knit 2 rnds
Using C (Blue) knit 2 rnds
Using B (white) knit 4 rnds

Using A (red) knit 2 rnds
Using B (White) knit 2 rnds
Using C (Blue) knit 2 rnds
Using B (White) knit 2 rnd

BREAK OFF white yarn (B), DO NOT BREAK OFF red yarn (A), Join in blue yarn (C) for heel flap. For second sock only k30 [32:34] sts (placing end of rnd edge on the inside edge) and proceed as follows:

Heel Flap

Using C (blue)

Next Row: K30 [32:34] sts, turn. Leave rem 30 [32:34] sts on circular needle.

Working on these 30 [32:34] sts for the heel.

Row 1 (ws): SI1, (P1, K1) 13 [14:15] times, P3.

Row 2: SI1, [K1, s1p] 14 [15:16] times, K1.

Rep last 2 rows until heel measures 5 (5:6) cm, ending with a RS row. (should be 16 (16:18) times more)



Turn heel

Row 1(ws): SI1, P16 [17:18], P2tog, P1, turn.

Row 2: SI1, K5, sI1, k1, psso, K1, turn.

Row 3: SI1, P6, P2tog, P1, turn.

Row 4: SI1, K7, sI1, k1, psso, K1, turn.

Row 5: SI1, P8, P2tog, P1, turn.

Row 6: SI1, K9, sI1, k1, psso, K1, turn.

Row 7: SI1, P10, P2tog, P1, turn.

Row 8: SI1, K11, sI1, k1, psso, K1, turn.

Row 9: SI1, P12, P2tog, P1, turn.

Row 10: SI1, K13, sI1, k1, psso, K1, turn.

Row 11: SI1, P14, P2tog, P1, turn.

Row 12: Sl1, K15, sl1, k1, psso, K1, turn. 18 [20:22] sts

2nd size

Next Row 13: SI1, P16, P2tog, turn.

Next Row 14: SI1, K16, sI1, k1, psso. turn. 18 sts

3rd size

Next Row 13: SI1, P16, P2tog, P1, turn.

Next Row 14: SI1, K17, sI1, k1, psso, K1, turn 20 sts

All sizes.

Gusset

Note

Break off Colour C. You will be at the left side of the heel.

Starting where you left off using Colour A.

Using A, Pick up and knit 18 [18:20] sts right side of heel (1st in each slip st), knit across 18 [18:20] sts across heel sts, pick up and knit 18 [18:20] sts down left side of heel (1st in each slip st), Place marker, knit across 30 [32:34] sts left on circular needle, Place beg of rnd marker if you removed it earlier. 84 [86:94] sts.

Next Rnd: Using A, Knit slipping markers.

Working in colour A decrease the gusset as follows:

Next Rnd: Using B, Sm, K1, sl1, k1, psso, knit to 2sts before marker, k2tog, K1, knit to end of rnd. 82 [84:92] sts.

Next Rnd: Using B, Knit slipping markers.



Rep last 2 rows 11 [10:12] times more. 60 [64:68] sts Continue in stocking stitch (knit every row) in Colour A for 2.5cm.

Add in stripe pattern:

Now work in st-st (every rnd knit) working stripes as follows:

Using B (white) knit 4 rnds

Using C (Blue) knit 2 rnds

Using A (red) knit 2 rnds

Using C (Blue) knit 2 rnds

Using B (white) knit 4 rnds

Break off contrasts B and C

Continue in stocking stitch using colour A until foot measures 20 (21:24.5) cm, 8(81/291/2) in or 3 (4:4) cm, 11/4 (11/4:11/2) inches less than required foot length. (You can try your sock on here to check fit)

Shape Toes

Break contrast A (red), now using colour C only (blue)

Rnd 1: Knit to end of rnd, slipping markers.

Rnd 2: Sm, k1, sl1, k1, psso, K24 [26:28], K2tog, K1, sm, K1, sl1, k1, psso, K24 [26:28], K2tog, K1. 56 [60:64] sts.

Rep last 2 rows 7 [8:9] times more. 28 sts.

Graft toes using kitchener stitch or 3 needle cast off. Weave all ends in. Block to finished measurements.

Enjoy your socks!



